On behalf of the ASES Foundation and the Board of Trustees, we present to you our reprinting of this classic book by the man who made the first and the most lasting imprint on our field. Ernest Amory Codman’s *The Shoulder: Rupture of the Supraspinatus Tendon and Other Lesions In or About the Subacromial Bursa* has been, is now, and will always be a must read and a constant reference for those individuals who have any interest in the field of shoulder. At the prompting of Bill Mallon and Carl Basamania, we have indexed the entire book for greater ease of reference. As Codman wrote in the Autobiographic Preface, “And now this book is presented to you as a final illustration of my life work, rather than as a monograph on the shoulder.” It is our hope that this book will find its way into private and public libraries to allow for a deeper appreciation of the shoulder, and of EA Codman.
shoulder definition: 1. one of the two parts of the body at each side of the neck that join the arms to the rest of the body. Learn more. Shoulder (ACCEPT RESPONSIBILITY). shoulder the blame, burden, responsibility, cost, etc. Shoulder (BODY PART). American. Noun. Shoulder (BODY PART). Verb. Shoulder (ACCEPT RESPONSIBILITY). Shoulder pain and shoulder injuries are among the most common conditions within the general population and among athletes. Approximately 75 to 80% of these are caused by conditions related to the rotator cuff (1). The rotator cuff consists of four muscles, including the supraspinatus, infraspinatus, subscapularis and teres minor. Here is a complete list of effective exercises to fix your winged scapula. Use the exact same strategies that has worked for many of my patients! Progressions for more